

BREAKFAST *From 6am to 11am*

CONTINENTAL

Fruit or Vegetable Juice:

Orange, Apple, Carrot, Grapefruit, Watermelon, Pineapple, Celery or Cucumber

Cereals:

*All Bran, Cornflakes, Raisin Bran, Special K, Granola or Cocoa Pebbles (Gluten-free)
Choice of Fresh Milk, Low-fat Milk, Skim Milk or Soy Milk*

Yoghurt:

Plain (Low-fat), Natural, Strawberry, Apricot, Blueberry or Raspberry

Selection of three:

*White or Whole Wheat Toast, Baguette, Danish Pastry, Croissant, Breakfast Muffin,
Brioche, Soft Roll or Double Oat Rye
with Honey, Marmalade and Preserves, Butter or Margarine*

Sliced Seasonal Fresh Fruit

Freshly Brewed Coffee or Tea

AMERICAN

Fruit or Vegetable Juice:

Orange, Apple, Carrot, Grapefruit, Watermelon, Pineapple, Celery or Cucumber

Two Organic Eggs Any Style with your choice of:

Sunny Side Up, Overeasy, Scrambled, Poached, Boiled or Omelette

Selection of three fillings for Omelette:

Parma Ham, Smoked Salmon, Honey Ham, Bell Peppers, Fresh Herbs, Mushrooms or Cheese

Selection of one:

*Apple-wood Smoked Bacon, Grilled Ham, Chicken or Pork Sausages
with Rösti Potato, Molasses Baked Beans and Vine-ripened Tomatoes*

Selection of three:

*White or Whole Wheat Toast, Baguette, Danish Pastry, Croissant, Breakfast Muffin,
Brioche, Soft Roll or Double Oat Rye
with Honey, Marmalade and Preserves, Butter or Margarine*

Sliced Seasonal Fresh Fruit

Freshly Brewed Coffee or Tea



Seafood



Beef



Pork



Vegetarian



Alcohol



Spicy

All prices are subject to 10% service charge and prevailing government taxes

BREAKFAST *From 6am to 11am*

ENGLISH

Fruit or Vegetable Juice:

Orange, Apple, Carrot, Grapefruit, Watermelon, Pineapple, Celery or Cucumber

Two Soft Poached Organic Eggs on Toasted English Muffin with Pork Sausages,

Rösti Potato, Molasses Baked Beans and Vine-ripened Tomatoes

Toasted Bread or Grilled Button Mushrooms

Fresh Pink Grapefruit or Baked with Demerara Sugar

Freshly Brewed Coffee or English Breakfast Tea

CHINESE

Hot or Chilled Soy Milk

Rice Congee:

Plain, Chicken or White Fish with Century Egg, Crispy Dough Fritters, Crispy Bee Hoon, Preserved Vegetable, Spring Onions, Ginger and Crispy Shallots

Char Siew Pau, Siew Mai, Har Gau

Sliced Seasonal Fresh Fruit

Freshly Brewed Coffee or Jasmine Tea

JAPANESE

Fruit or Vegetable Juice:

Orange, Apple, Carrot, Grapefruit, Watermelon, Pineapple, Celery or Cucumber

Grilled Salmon, Egg Roll Omelette, Natto (Fermented Soy Beans), Pickled Vegetables, Raw Organic Egg, Steamed Rice, Furikake (Dry Seasoning), Miso Soup with Tofu and Seaweed

Sliced Seasonal Fresh Fruit

Freshly Brewed Coffee or Japanese Green Tea

HEALTHY START

Smoothies:

Banana, Strawberry, Mango, Peach

Three Organic Egg White Omelette

Low-fat Cottage Cheese, Low-fat Breakfast Muffin and Bircher Muesli

Fresh Berries and Nuts

Freshly Brewed Coffee or Japanese Green Tea



Seafood



Beef



Pork



Vegetarian



Alcohol



Spicy